Autofill post diagnosis stage 1 dementia

Headings based on DTA Domains Framework

This is an extensive list and cannot be covered in one consultation.

I cut and paste into the clinical notes (then delete or add as I go) and work through this list over many visits.

**Cognition**

Ensure legal documents UTD

- Will

- POA

- ACD

- Guardianship

Medication review

- consider HMMR

- consider Acetylcholinesterase inhibitors

- reduce or cease anti-cholinergic medications

- review alcohol and drug use

Education for patients and families

- [DA website](https://www.dementia.org.au/)

- Dementia Australia Hot line 1800 100 500

- Carer Gateway 1800 422 737

- Dementia Outreach Service (add in your local DOS ph number - referral also via [My Aged Care](https://www.myagedcare.gov.au/)

**Function**

Discuss Driving

- patient to notify RMS when has new dementia diagnosis

- perform appropriate cognitive assessment for driving

- if patient wishes to drive despite your concerns or you are not sure about safety, offer OT assessment

- offer [Taxi Scheme](https://transportnsw.info/ttss-application-form) if eligible (strict criteria)

- offer transport via Community transport (MAC referral) or Home Care Package if eligible

Support at Home

- [My Aged Care](https://www.myagedcare.gov.au/) referral

- if under 65 NDIS

- safety; alarms and falls alerts

Social engagement

- encourage local dementia groups

- d/w family benefit of ongoing social interactions

**Psychiatric**

Depression and Anxiety

- treat any depression or anxiety

- MHTP

- referral for families if needed

Delirium

- consider delirium action plan

**Behaviours**

- Dementia Support Australia

- encourage social engagement

- maintain routine

- Education- person living with dementia & carers

- day respite

**Physical functioning**

- hearing and vision check

- dental check

- consider EP referral

- consider dietician referral

- assess falls risk

- consider OT home assessment

- refer to local exercise groups

Please feel free to email any feedback to Dr Peter Silberberg, DTA ME; [silberberg@iinet.net.au](mailto:silberberg@iinet.net.au)