WEBINAR

Supervisor Tricks:
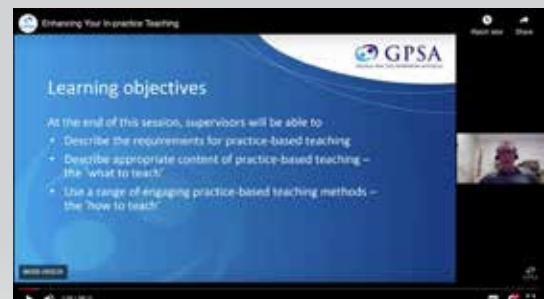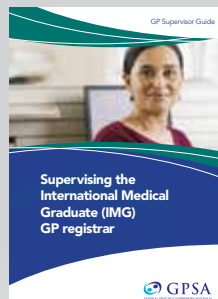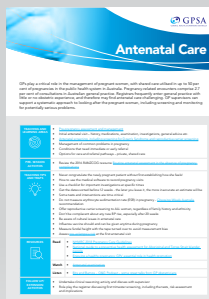# Getting the Best out of GPSA Educational Resources

GPSA has developed a large number of educational resources, including Teaching Plans, Guides, Webinars, Communication Skills Toolbox, Online Learning Modules and Flash Cards.

These have been designed not to replace but rather to complement the depth of knowledge and experience GP Supervisors can draw on for the benefit of their Registrars. The goal is for the GP Supervisor to familiarise themself with this readily-available content so it can be integrated into, and ultimately produce the best learning outcomes from, the time allocated for teaching.
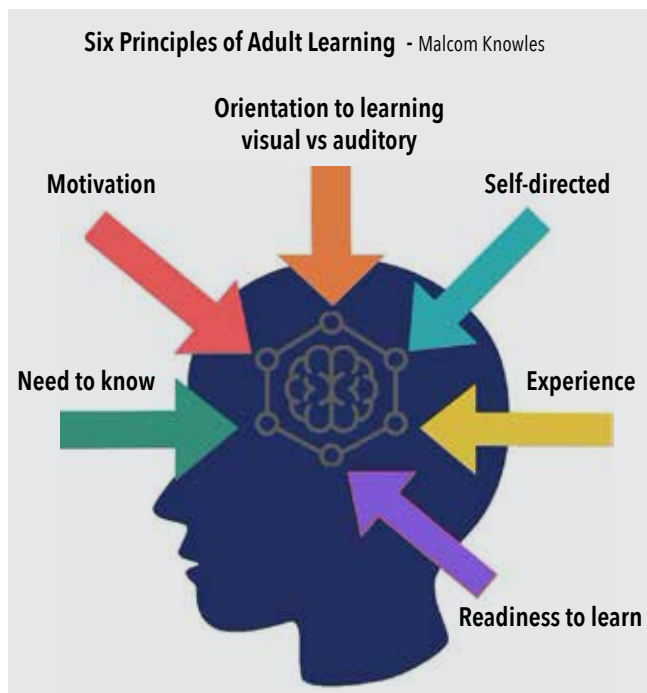
GPSA Teaching Resources

- Teaching plans
- Guides
- Flash cards
- Webinars and podcasts
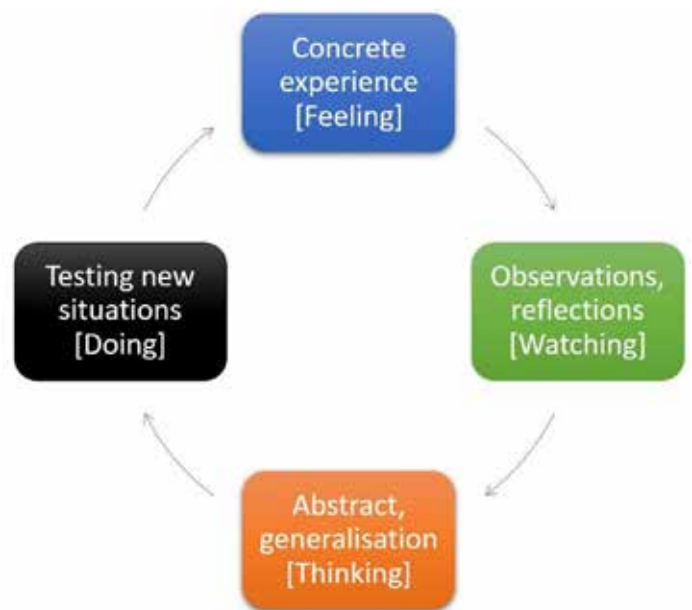- Communication skills toolbox
- Online learning modules

Adult Learning: the variables the GP Supervisor faces

Six Principles of Adult Learning - Malcom Knowles

Orientation to learning visual vs auditory

Motivation

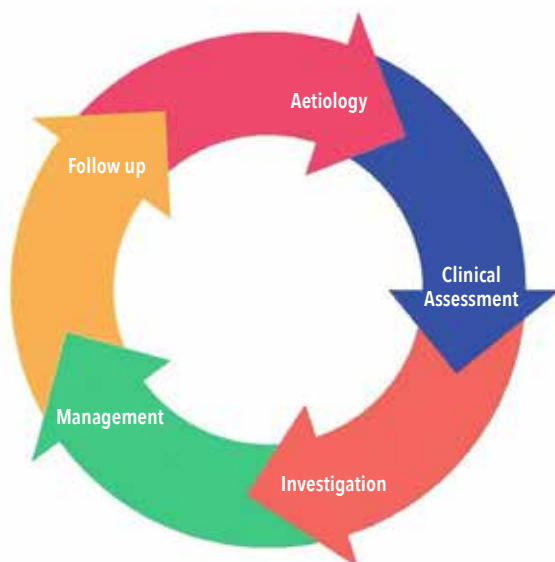Self-directed

Need to know

Experience

Readiness to learn

Supervising and Teaching Opportunities

This teaching model developed by David Kolb in 1984 serves as a very useful tool for giving feedback to Registrars under GP supervision:

Concrete experience [Feeling]

Observations, reflections [Watching]

Abstract, generalisation [Thinking]

Testing new situations [Doing]

Planning A Teaching Session

Using the topic of Fatigue as an example, a one-hour teaching session incorporating the GPSA educational resources might be broken into the following (either all in the one session as an overview, or individually):

Aetiology

Follow up

Clinical Assessment

Management

Investigation

Aetiology of fatigue in general practice, including potentially serious somatic causes

Clinical Assessment – key features of an effective history for fatigue, examination and red flags

Investigation – appropriate tests in the presence / absence of red flags

Management – specific to causes, lifestyle, psychosocial factors

Follow up and safety netting

Not Just "Teaching" Resources

The resources created by GPSA are not solely for the purpose of teaching. A lot of the content is directed at helping the Supervisor support their Registrar as they navigate the broader challenges of general practice, for example the Guide on "Identifying and Supporting GP Registrars at Risk" and the Flash Cards on Ethical Dilemmas ("Shades of Grey").

Key Resources

GPSA - Teaching Plans:
Short teaching guides to steer you through a short lesson on a particular topic

GPSA - Guides
Comprehensive guides on topics related to supervision of GP registrars

GPSA - Flash Cards
Communication resources to stimulate conversation with your GP registrar as an in-practice teaching session, with best practice responses available

GPSA - Educational Resources Clinical Topics Catalogue
Navigation page to link to Diagnosis guides on a range of common health problems

GPSA - Identifying and supporting GP Registrars at risk
Guide for GP Supervisors to appreciate and address some of the potential causes of difficulty for GP registrars

GPSA - Doctor Talk Flash Cards
50 cards presenting different clinical situations for discussion of the issues which should be considered in consultation scenarios.

GPSA - Shades of Grey: Ethical Dilemmas Flash Cards

Presenting 28 different ethical scenarios to run through with your registrar as an in-practice teaching session.

GPSA Webinar Recordings

GPSA Webinars link to on a diverse range of topics with leading experts.

GPSA Podcasts

Podcast recordings of GPSA Webinars are available to listen to on a diverse range of topics related to GP Supervision.

GPSA - Communication Skills Toolbox

The Communication Toolbox was developed for GP Supervisors and Medical Educators to assist doctors, particularly those that had trained outside of Australia, to work in the Australian Healthcare system.

Does this resource need to be updated? Contact GPSA: P: 03 9607 8590, E: admin@gpsa.org.au, W: gpsa.org.au
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What to Teach your Registrars about Behavioural Issues in Children FAQ 3 OF 8